

Doughnut in a Mug

You will need:

- 3 tablespoons Butter
- 3 tablespoons Sugar
- 1 Egg
- 4 tablespoons Self-raising Flour
- 1 tablespoon Milk
- 2 tablespoons Strawberry Jam
- 1 mug & 1 microwave



Method:

- 1) Put the butter in a mug and melt in microwave for 30 seconds
- 2) Add the sugar, egg, flour and milk (in that order) and beat after each addition until smooth
- 3) Add one spoonful of jam and let it sink to the bottom
- 4) Microwave for around two minute (check that it doesn't overflow and be careful as mug will get very hot)
- 5) Sprinkle with a little more sugar and a dollop of jam
- 6) Let cool and EAT !

You can experiment with different fillings instead of the jam